

Play your cards right!

Training course (Action 4.3) – Call for participants.

Topic: Effective methods in outdoor learning and experiential education for youth workers.

During the full 7 days of the training course, you will:

- experience two days and nights surviving outside on the snow
- get first hand experience with the programmes, games and activities used in experiential learning
- understand the theory behind
- share experience and good practices from your own youth work
- try out the role of an instructor leading the activity for other participants
- plan and develop your own project based on the experiential methodology in your home country



We are looking for participants who:

- work with youth or are interested in youth work using experiential education.
- want to experience sleeping two nights outside on snow.
- We invite both people who have experiences in experiential education or want to get them.
- There is no age limit.
- There will be 24 participants from different countries (Austria, Belgium, Croatia, Czech Republic, Germany, Hungary, Italy, Lithuania, Slovakia and Turkey), 2-3 from the same country who speak fluent English.



Date: 8th February - 16th February (including arrival, departure and visit of Prague)

Place: wilderness in the Czech Republic, Orlické hory

Expenses:

- **Participation fee: 40€.** In case of any difficulties with the payment, contact us before.
- **Travel expenses: 30% of travel expenses.** We will reimburse 70% of travel expenses.

Winter gears needed for each participant:

- **trekking boots**, big enough for several pairs of socks, waterproof, thick sole
- **sleeping bag** (comfort -20°C) or two sleeping bags
- 2 foam **mattresses** (together 1,5 – 2 cms thick)

We will provide accommodation, food and some winter gears.

What to do now? Contact your organization or directly us: czekobanda@gmail.com.

The training course is organized by a non-formal group **Czekobanda**. The trainers are **instructors of Outward Bound**. The project is funded by Youth in Action Program.